

Olympiad problems

O43. Let a, b, c be positive real numbers. Prove that

$$\sqrt{\frac{b+c}{a}} + \sqrt{\frac{c+a}{b}} + \sqrt{\frac{a+b}{c}} \geq \sqrt{\frac{16(a+b+c)^3}{3(a+b)(b+c)(c+a)}}.$$

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First solution by Arkady Alt, San Jose, California, USA

Let us solve the following inequality

$$\sqrt{\frac{y+z}{x}} + \sqrt{\frac{z+x}{y}} + \sqrt{\frac{x+y}{z}} \geq \sqrt{\frac{16(x+y+z)^3}{3(x+y)(y+z)(z+x)}}.$$

Let $a = y+z, b = z+x, c = x+y$, and $s = x+y+z = \frac{a+b+c}{2}$. Observe that a, b, c determine triangle ABC with semiperimeter s , area F , and circumradius R . Using our notations we can rewrite our inequality

$$\begin{aligned} \sqrt{\frac{a}{s-a}} + \sqrt{\frac{b}{s-b}} + \sqrt{\frac{c}{s-c}} &\geq \sqrt{\frac{16s^3}{3abc}} \iff \\ \sum_{cyc} \sqrt{\frac{(s-b)(s-c)}{bc}} &\geq \frac{4}{\sqrt{3}} \cdot \frac{Fs}{abc} = \frac{1}{\sqrt{3}} \cdot \frac{s}{R}. \end{aligned}$$

We know that $\frac{s}{R} = \sin A + \sin B + \sin C = 4 \cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}$ and

$$\sin \frac{A}{2} = \sqrt{\frac{(s-b)(s-c)}{bc}}, \sin \frac{B}{2} = \sqrt{\frac{(s-c)(s-a)}{ca}}, \sin \frac{C}{2} = \sqrt{\frac{(s-a)(s-b)}{ab}}.$$

Our inequality is equivalent to

$$\sin \frac{A}{2} + \sin \frac{B}{2} + \sin \frac{C}{2} \geq \frac{4}{\sqrt{3}} \cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}.$$

Denote by $\alpha = \frac{\pi-A}{2}, \beta = \frac{\pi-B}{2}, \gamma = \frac{\pi-C}{2}$. Observe that $\alpha + \beta + \gamma = \pi$ and $\alpha, \beta, \gamma \in (0, \frac{\pi}{2})$. Consider now an acute-angled triangle $A'B'C'$ with $A' = \alpha, B' = \beta, C' = \gamma$ with the same notations a, b, c, s, R, r , for the lengths of sides, the semiperimeter, the circumradius, and the inradius, respectively. Our inequality can be rewritten as

$$\cos \alpha + \cos \beta + \cos \gamma \geq \frac{4}{\sqrt{3}} \sin \alpha \sin \beta \sin \gamma.$$

Using the identity $\cos \alpha + \cos \beta + \cos \gamma = \frac{R+r}{R}$ and Euler's Inequality $R \geq 2r$ we get $\cos \alpha + \cos \beta + \cos \gamma \geq \frac{3r}{R}$. Also we know $\sin \alpha \sin \beta \sin \gamma = \frac{abc}{8R^3} = \frac{4Rrs}{8R^3} = \frac{rs}{2R^2}$. Thus, it suffices to prove

$$\frac{4}{\sqrt{3}} \cdot \frac{rs}{2R^2} \leq \frac{3r}{R} \text{ or } 2s \leq 3\sqrt{3}R,$$

that is clear from the famous fact $9R^2 \geq a^2 + b^2 + c^2 \geq \frac{(a+b+c)^2}{3} = \frac{4s^2}{3}$.

Second solution by Kee-Wai Lau, Hong Kong, China

Our inequality is homogeneous, therefore we can assume that $a+b+c = 1$. Let us rewrite it in the following form

$$\frac{b+c}{\sqrt{a}} \sqrt{(c+a)(a+b)} + \frac{c+a}{\sqrt{b}} \sqrt{(a+b)(b+c)} + \frac{a+b}{\sqrt{c}} \sqrt{(b+c)(c+a)} \geq \frac{4\sqrt{3}}{3}.$$

We have

$$\frac{b+c}{\sqrt{a}} \sqrt{(c+a)(a+b)} = \left(\frac{1}{\sqrt{a}} - \sqrt{a} \right) \sqrt{(c+a)(a+b)} = \sqrt{1 + \frac{bc}{a}} - \sqrt{a}\sqrt{a+bc}.$$

Using similar expressions for $\frac{c+a}{\sqrt{b}} \sqrt{(a+b)(b+c)}$ and $\frac{a+b}{\sqrt{c}} \sqrt{(b+c)(c+a)}$ we see that the left hand side is equal to $S_1 - S_2$, where

$$S_1 = \sqrt{1 + \frac{ab}{c}} + \sqrt{1 + \frac{bc}{a}} + \sqrt{1 + \frac{ca}{b}}$$

and

$$S_2 = \sqrt{a}\sqrt{a+bc} + \sqrt{b}\sqrt{b+ac} + \sqrt{c}\sqrt{c+ab}.$$

From the AM-GM inequality we have

$$ab + bc + ca \leq \frac{1}{3}, \quad a^2 + b^2 + c^2 \geq \frac{1}{3}, \quad \frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} \geq 1.$$

Let us prove that $S_1 \geq 2\sqrt{3}$. Using the AM-GM inequality we have

$$\begin{aligned} \left(\frac{S_1}{3} \right)^6 &\geq \left(1 + \frac{ab}{c} \right) \left(1 + \frac{bc}{a} \right) \left(1 + \frac{ca}{b} \right) = 1 + a^2 + b^2 + c^2 + \frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} + abc = \\ &= 1 + \frac{1}{9}(a+b+c)^2 + \frac{8}{9}(a^2 + b^2 + c^2) + \frac{26}{27} \left(\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} \right) + \end{aligned}$$