J74. A triangle has altitudes h_a, h_b, h_c and inradius r. Prove that

$$\frac{3}{5} \le \frac{h_a - 2r}{h_a + 2r} + \frac{h_b - 2r}{h_b + 2r} + \frac{h_c - 2r}{h_c + 2r} < \frac{3}{2}.$$

Proposed by Oleh Faynshteyn, Leipzig, Germany

First solution by Arkady Alt, San Jose, California, USA

Let s be the semiperimeter in our triangle. Since $2rs = ah_a$ then $\frac{2r}{h_a} = \frac{a}{s}$ and

$$\sum_{cyc} \frac{h_a - 2r}{h_a + 2r} = \sum_{cyc} \frac{s - a}{s + a} = 2s \sum_{cyc} \frac{1}{s + a} - 3.$$

Thus

$$\frac{3}{5} \leq \sum_{cyc} \frac{h_a - 2r}{h_a + 2r} \iff 9 \leq 5s \sum_{cyc} \frac{1}{s+a} = \sum_{cyc} \left(s+a\right) \cdot \sum_{cyc} \frac{1}{s+a},$$

where the latter inequality is an application of the Cauchy Inequality to triples

$$\left(\sqrt{s+a},\sqrt{s+b},\sqrt{s+c}\right),\left(\frac{1}{\sqrt{s+a}},\frac{1}{\sqrt{s+b}},\frac{1}{\sqrt{s+c}}\right).$$

Instead of proving that $\sum_{cyc} \frac{h_a - 2r}{h_a + 2r} < \frac{3}{2}$, we prove that $\sum_{cyc} \frac{h_a - 2r}{h_a + 2r} < 1$.

Let x = s - a, y = s - b, z = s - c, x, y, z > 0. Due to homogeneity we can assume that s = x + y + z = 1, then a = 1 - x, b = 1 - y, c = 1 - z. Thus,

$$\sum_{cyc} \frac{h_a - 2r}{h_a + 2r} < 1 \iff \sum_{cyc} \frac{s - a}{s + a} < 1$$

$$\iff s \sum_{cyc} \frac{1}{s + a} < 2$$

$$\iff \sum_{cyc} \frac{1}{2 - x} < 2$$

$$\iff \sum_{cyc} (2 - y) (2 - z) < 2 (2 - x) (2 - y) (2 - z).$$

The last expression is equivalent to

$$\sum_{cuc} (4 - 2(y + z) + yz) < 2(8 - 4(x + y + z) + 2(xy + yz + zx) - xyz),$$

$$8 + xy + yz + zx < 8 + 4(xy + yz + zx) - 2xyz \iff 2xyz < 3(xy + yz + zx)$$

and the latter inequality holds since

$$3(xy + yz + zx) = 3(x + y + z)(xy + yz + zx) \ge 27xyz > 2xyz.$$

Second solution by G.R.A.20 Math Problems Group, Roma, Italy

We know that

$$2A = h_a a = h_b b = h_c c = sr$$

where s is the semiperimeter and A is the area of the triangle. By replacing h_a, h_b, h_c, r in the original equation we obtain

$$\frac{3}{5} \le \frac{s-a}{s+a} + \frac{s-b}{s+b} + \frac{s-c}{s+c} < \frac{3}{2}$$

that is

$$\frac{3}{5} \le \frac{x}{x + 2y + 2z} + \frac{y}{y + 2z + 2z} + \frac{z}{z + 2x + 2y} < \frac{3}{2}$$

where x = s - a, y = s - b, z = s - c are non-negative (and not all zero otherwise the triangle becomes a point).

The inequality on the left is equivalent to

$$2\sum_{\text{sym}} x^2 y + 2\sum_{\text{sym}} xyz \le 4\sum_{\text{sym}} x^3$$

which holds by Muirhead's inequality (the equality holds when x = y = z, that is when the triangle is equilateral).

The inequality on the right is equivalent to

$$0 < 4 \sum_{\text{sym}} x^3 + 52 \sum_{\text{sym}} x^2 y + 19 \sum_{\text{sym}} xyz$$

which holds because x, y and z are non-negative and not all zero.

Third solution by Salem Malikic, Sarajevo, Bosnia and Herzegovina Let P denote the area of a triangle. Then

$$\frac{h_a - 2r}{h_a + 2r} = 1 - \frac{4r}{h_a + 2r} = 1 - \frac{\frac{8P}{a+b+c}}{\frac{2P}{a} + \frac{4P}{a+b+c}} = 1 - \frac{\frac{4}{a+b+c}}{\frac{1}{a} + \frac{2}{a+b+c}} = 1 - \frac{4a}{3a+b+c}.$$

Let us prove the right side of the inequality first.

$$\sum \frac{h_a - 2r}{h_a + 2r} = 3 - \sum \frac{4a}{3a + b + c} < \frac{3}{2},$$