

J460. Prove that for all positive real numbers x, y, z

$$(x^3 + y^3 + z^3)^2 \geq 3(x^2y^4 + y^2z^4 + z^2x^4).$$

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By AM-GM Inequality

$$(x^3 + y^3 + z^3)^2 = x^6 + y^6 + z^6 + 2x^3y^3 + 2y^3z^3 + 2z^3x^3 =$$

$$\begin{aligned} \sum_{cyc} (x^6 + 2z^3x^3) &\geq \sum_{cyc} 3\sqrt[3]{x^6 \cdot (z^3x^3)^2} = \sum_{cyc} 3\sqrt[3]{x^{12}z^6} = \\ &= 3 \sum_{cyc} x^4z^2 = 3(x^2y^4 + y^2z^4 + z^2x^4) \end{aligned}$$

and the conclusion follows.

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