

J311. Let a, b, c be real numbers greater than or equal to 1. Prove that

$$\frac{a(b^2 + 3)}{3c^2 + 1} + \frac{b(c^2 + 3)}{3a^2 + 1} + \frac{c(a^2 + 3)}{3b^2 + 1} \geq 3.$$

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By AM-GM Inequality

$$\sum_{cyc} \frac{a(b^2 + 3)}{3c^2 + 1} \geq 3 \sqrt[3]{\prod_{cyc} \frac{a(b^2 + 3)}{3c^2 + 1}} = 3 \sqrt[3]{\prod_{cyc} \frac{a(a^2 + 3)}{3a^2 + 1}} \geq 3$$

since

$$\frac{a(a^2 + 3)}{3a^2 + 1} \geq 1 \iff (a - 1)^3 \geq 0.$$

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